

ADAMS COUNTY BOARD OF HEALTH
PROCLAMATION RECOGNIZING NATIONAL NUTRITION MONTH®
Proclamation No. 2025 – 001

WHEREAS, in 2020, 1 in 8 residents of Adams County were food insecure and 17.3% of children had limited or uncertain access to nutritionally adequate foods; and,

WHEREAS, chronic conditions, such as high cholesterol, high blood pressure, and diabetes are linked to cardiovascular disease risk; and,

WHEREAS, in 2023, 32.7% of Adams County adults had high cholesterol, 28.1% had high blood pressure, and 11.3% had diabetes; and,

WHEREAS, access to affordable, nutritious foods can improve nutrition quality and help reduce risk of chronic conditions and cardiovascular disease; and,

WHEREAS, Adams County Health Department (ACHD) is dedicated to improving community health through initiatives that address food and nutrition security by increasing access to nutritious and culturally relevant foods and supporting healthy nutrition habits across the lifespan; and,

WHEREAS, ACHD's Nutrition and Family Health Division provides comprehensive nutrition education, breastfeeding support, diabetes prevention and self-management programming, and community referrals to Adams County families; and,

WHEREAS, ACHD's Food Access and Systems program promotes fair and sustainable local food systems by engaging in cross-sectoral policy, systems, and environmental work; supports existing community food access initiatives; and convenes Adams County food partners with aligned goals; and

WHEREAS, the Academy of Nutrition and Dietetics celebrates National Nutrition Month® in March to acknowledge the importance of individuals having the ability to make informed food choices and develop healthful eating and physical activity habits; and,

WHEREAS, this year's theme, "Food Connects Us" elevates the ability of food to connect us to and within our communities and highlights the opportunity to learn about the interconnectedness of the food system and the health of our county residents; and,


NOW, THEREFORE, BE IT PROCLAIMED that the Adams County Board of Health recognizes National Nutrition Month® and the efforts to enhance nutritional health in Adams County, Colorado.

Upon motion duly made and seconded the foregoing Proclamation was adopted by the following vote:

Gilliam	_____	YEA
Keiling	_____	YEA
Lindemann	_____	YEA
Mahnke	_____	YEA
Winkler	_____	YEA

Board of Health Members

Adopted, this 20th day of March, 2025.


Dr. Dierdre Gilliam (Mar 21, 2025 13:42 MST)

Dr. Dierdre Gilliam, Board President
Adams County Board of Health






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Final Audit Report

2025-03-21

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